

FEBRUARY 2022

ST. MARY'S CATHOLIC VOLUNTARY ACADEMY

Wednesday



Monday

HOMEMADE CHEESE & TOMATO PIZZA (V) SALMON FISHCAKE OVEN BAKED WEDGES SWEETCORN/SPAGHETTI HOOPS MINI MUFFIN FRESH FRUIT/YOGHURTS

Tuesday

STEAK SLICE VEGAN SAUSAGE ROLL (V) ROAST POTATOES BROCCOLI/BAKED BEANS GRAVY STRAWBERRY JELLY FRESH FRUIT/YOGHURTS



Thursday



Friday

CHICKEN STRIPS IN A WRAP
QUORN DIPPERS IN A WRAP (V)
HERB POTATOES
BBQ SAUCE.
BABY CARROTS/BAKED BEANS
VANILLA MOUSSE POT
FRESH FRUIT/YOGHURTS

HOMEMADE CHEESE & TOMATOPIZZA (V)

SALMON BITES
POTATO WEDGES
SWEETCORN/SPAGHETTI HOOPS
ORANGE JELLY
FRESH FRUIT/YOGHURTS

PORK MEATBALLS IN TOMATO SCE VEGAN MEATBALLS IN GRAVY (V) PASTA TWISTS BROCCOLI/BAKED BEANS

ICECREAM ROLL

FRESH FRUIT/YOGHURTS

VEGETABLE CRUMBLE (V)

GARLIC SLICE

RAINBOW VEG/SPAGHETTI HOOPS

OATY FLAPJACK

FRESH FRUIT/YOGHURTS

MACARONI CHEESE

CHIPS
BAKED BEANS/GARDEN PEAS
CHOCOLATE CUP CAKE

FRESH FRUIT/YOGHURTS

BATTERED FISH FILLET VEGAN SAUSAGE (V)

BEEFBURGER IN A BUN
VEGAN CHICKEN STYLE BURGER IN A
BUN. (V)
POTATO PUFFS
BABY CARROTS/BAKED BEANS
ICE CREAM TUB
FRESH FRUIT/YOGHURTS

HOMEMADE CHEESE & TOMATOS
PIZZA (V)
SALMON FINGERS
JACKET WEDGES
SWEETCORN/SPAGHETTI HOOPS
RASPBERRY JELLY
FRESH FRUIT/YOGHURTS

ROAST CHICKEN FILLET
VEGETABLE FINGERS
ROAST POTATOES
BROCCOLI/BAKED BEANS
STUFFING. GRAVY
BANANA MOUSSE

PASTA BOLOGNAISE CHEESE & BROCCOLI QUICHE (V) HERBY POTATOES RAINBOW VEG/SPAGHETTI HOOPS

CHEESE & ONION PASTIE (V)

CHIPS

BAKED BEANS/GARDEN PEAS

LEMON SPONGE FRESH FRUIT/YOGHURTS CHOC CHIP COOKIE

FRESH FRUIT/YOGHURTS

BATTERED FISH FILLET

HALF TERM

HALF TERM

FRESH FRUIT/YOGHURTS

HALF TERM

28

INSET DAY











JACKET POTATO AVAILABLE
PLEASE INFORM THE SCHOOL OFFICE IF YOUR CHILD HAS ANY FOOD ALLERGIES
MENU SUBJECT TO CHANGE AT SHORT NOTICE. (V) = VEGETARIAN. VEGAN AS STATED