

Wednesday 2 February 2022

**Dear Parents and Carers** 

Please see below this weeks' notices.

#### **Catholic Life: Faith in Action**

Last week, Class 9 shared a wonderful Act of Worship around their RE Topic 'Community'. The children shared their responses to their Big Question – What makes a community? They talked about the importance of love and friendship and all the communities they belong to, in particular the church community, sharing the different roles people have and without these people, the community would fall apart. The children also linked their RE Topic to their Gospel Value 'Justice' and the British Values by explaining how important it is for us all to work and live together in a just world, by showing *mutual respect* and *tolerance*. The singing was beautiful and the message clear – when we open up our eyes, we can start to realise that together we can change the world.

In our letter last week, we launched our bid to Live Simply. To help us <u>Live in Solidarity with the Poor</u> we have placed a box in the school office for families to leave donations. A huge thank you to the parents and carers who have donated food and toiletries so far. We kindly ask that when out shopping this weekend, please consider buying an extra tin to donate to those in need. When the box is full, we will ensure it is taken to one of our city foodbanks.

Last Sunday the first sensory mass was held at the Church in Oakwood. It was a lovely celebration of mass which was well attended. The next sensory mass will take place on Sunday27 February at the Church on Oakwood once again, and we invite our school community to attend.

#### **Celebrating Achievements**

Huge congratulations to the following children who received a Headteacher's Award for excellent work and/or demonstrated outstanding behaviour and attitude towards learning this week: Olaoluwa O, Hansel M, Callum W, Julia U, Cleophee B, Oskar R, Hugo D, Joanna S, Darcee H, Frank M, Olivier R, Annabelle M and Andrea G.

A special mention goes to Eesa A for being nominated Man of the Match and becoming Captain of his football team, Harlow M for achieving Level 1 in swimming, Blaze S and Daisy W for their achievements in Irish Dancing. It is wonderful to see that 2 pupils from St. Mary's came first and second in a competition held at the weekend. Congratulations to you all.

## Mental Health Week

Next week, 7<sup>th</sup> – 13<sup>th</sup> February, is children's Mental Health Week and this year's theme is 'Growing Together'. Growing Together is about growing emotionally and finding ways to help each other grow. Challenges and setbacks can help us to grow and adapt and trying new things can help us to move beyond our comfort zone into a new realm of possibility and potential. However, emotional growth is often a gradual process that happens over time, and sometimes we might feel a bit 'stuck'.

For Children's Mental Health Week 2022, Place2Be is encouraging children (and adults) to consider how they have grown, what they need to help them grow, and how they can help others to grow too. Follow the link below to watch a short video to learn more about the theme.



admin@stmarys.derby.scn.uk Twitter: @stmarysderby Company Number 7937154





# https://youtu.be/1-d6Qm1feZE

As part of Mental Health week, we will be celebrating Safer Internet Day on Tuesday 8 February when class teachers will be planning activities to remind children how to stay safe on-line.

On Friday11 February we will hold a 'Dress to Express' day and we invite children to donate £1 to come into school wearing clothing to express themselves during Mental Health Week. Pupils and Staff could wear their favourite colour or a unique outfit to express how they are feeling; it can be as simple or elaborate as you like. Dress to Express is an opportunity for self-expression and celebrating a diverse range of emotions. The day will also provide a great opportunity to be open about mental health and start conversations within our school community. Please donate through ParentPay and all donations raised on this day will go to the named charity above.

Finally, one of our Year 6 pupils has been growing her hair to have it chopped off in a bid to raise money and awareness for the Little Princess Trust, a charity that supports children who suffer from hair loss due to cancer. This is a wonderful act of 'Service', and we wish Phoebe W all the best in her fundraising attempts.

## **Dates for your Diary**

Please see below a list of upcoming key dates for your diaries:

- Tuesday 8 February Safer Internet Day
- Friday 11 February Dress to Impress Day (voluntary donation £1 paid via ParentPay)
- Friday 18 February Last day of term
- Monday 28 February INSET
- Tuesday 1 March Children return following half-term
- Friday 8 April Last day of term
- Monday 25 April School re-opens for the Pentecost Term
- Friday 27 May Last day of term
- Monday 6 June Children return following half-term
- Friday 1 July INSET
- Friday 22 July Last day of term

Please feel free to contact us if you require anything in addition to the information above. Best wishes and God Bless The Leadership Team

DIOCESE OF NOTTINGHAM St Mary's Catholic Voluntary Academy

Broadway, Derby, DE22 1AU www.stmarys.derby.sch.uk admin@stmarys.derby.sch.uk Twitter: @stmarysderby Company Number 7937154

