

MAY 2022

[ST.MARY'S CATHOLIC VOLUNTARY ACADEMY]

Monday

BANK HOLIDAY

2

Tuesday

HOMEMADE CHEESE & TOMATO PIZZA (V)
SALMON FINGERS
POTATO WEDGES
SWEETCORN/SPAGHETTI HOOPS
ICECREAM TUB
FRESH FRUIT/YOGHURTS

3

Wednesday

PORK LOIN STEAK
VEGAN SAUSAGE
MASHED POTATO
BABY CARROTS/BAKED BEANS
GRAVY
STRAWBERRY JELLY
FRESH FRUIT/YOGHURTS

4

Thursday

SPAGHETTI BOLOGNAISE
MACARONI CHEESE
GARLIC SLICE
RAINBOW VEG/SPAGHETTI HOOPS

MINI BLUEBERRY MUFFIN
FRESH FRUIT/YOGHURTS

5

Friday

BATTERED FISH FILLET
VEGAN PASTRY BAKE
CHIPS
BAKED BEANS/GARDEN PEAS

CHOCOLATE BROWNIE
FRESH FRUIT/YOGHURTS

6

BEEFBURGER IN A BUN
VEGAN BURGER IN A BUN

9

POTATO PUFFS
BABY CARROTS/BAKED BEANS
ICE CREAM TUB
FRESH FRUIT/YOGHURTS

HOMEMADE CHEESE & TOMATO PIZZA (V)
SALMON FISHCAKE
JACKET WEDGES
SPAGHETTI HOOPS/SWEETCORN
BUTTERSOTCH MOUSSE
FRESH FRUIT/YOGHURTS

10

ROAST CHICKEN FILLET
VEGAN SHEPHERDS PIE
ROAST POTATOES
RAINBOW VEG/BAKED BEANS
GRAVY
ORANGE JELLY
FRESH FRUIT/YOGHURTS

11

OVEN BAKED SAUSAGES
CHICKPEA CURRY & RICE
GRAVY
BROCCOLI/SPAGHETTI HOOPS
MASHED POTATO
ARCTIC ROLL
FRESH FRUIT/YOGHURTS

12

BREADED FISHCAKE
VEGAN SAUSAGE
CHIPS
GARDEN PEAS/BAKED BEANS

MINI JAM DOUGHNUT
FRESH FRUIT/YOGHURTS

13

PORK MEATBALLS IN TOMATO & BASIL SAUCE
PLANTBALLS IN GRAVY
HERBY POTATOES
BABY CARROTS/BAKED BEANS
RASPBERRY MOUSSE POT
FRESH FRUIT/YOGHURTS

16

HOMEMADE CHEESE & TOMATO PIZZA (V)
SALMON FINGERS
SEASONED WEDGES
SWEETCORN/SPAGHETTI HOOPS
RASPBERRY JELLY
FRESH FRUIT/YOGHURTS

17

STEAK SLICE
VEGAN SAUSAGE ROLL
MASHED POTATO
BROCCOLI FLORETS/BAKED BEANS
GRAVY
OATY FLAPJACK
FRESH FRUIT/YOGHURTS

18

HOT & KICKIN CHICKEN
CAJUN QUORN STRIPS
RICE & PEAS
GARLIC SLICE
RAINBOW VEG/SPAGHETTI HOOPS
STRAWBERRY ANGEL WHIRL
FRESH FRUIT/YOGHURTS

19

BATTERED FISH FILLET
VEGE GRILL
CHIPS
BAKED BEANS. GARDEN PEAS
CHOCOLATE CUP CAKE

FRESH FRUIT/YOGHURTS

20

BIG BREAKFAST
BACON & SAUSAGE
VEGAN SAUSAGE
HASH BROWN
BAKED BEANS/RAINBOW VEG
VANILLA ICE CREAM
FRESH FRUIT/YOGHURTS

23

HOMEMADE CHEESE & TOMATO PIZZA (V)
SALMON FISHCAKE
POTATO WEDGES
SWEETCORN/SPAGHETTI HOOPS
STRAWBERRY JELLY
FRESH FRUIT/YOGHURTS

24

PORK LOIN STEAK
VEGAN SAUSAGE
MASHED POTATO
BROCCOLI/BAKED BEANS
GRAVY
MINI MUFFIN
FRESH FRUIT/YOGHURTS

25

SPAGHETTI BOLOGNAISE
MACARONI CHEESE
GARLIC SLICE
BABY CARROTS/SPAGHETTI HOOPS

JAM SPONGE
DICED PEARS

26

BREADED FISHCAKE
VEGAN NUGGETS
CHIPS
GARDEN PEAS/BAKED BEANS
MILK CHOCOLATE COOKIE
FRESH FRUIT POT

27

HALF

30

TERM

31

PLEASE INFORM THE SCHOOL OFFICE IF YOUR CHHILD HAS ANY FOOD ALLERGIES

MENU SUBJECT TO CHANGE AT SHORT NOTICE

V = VEGETARIAN.