





Year 3	PSHE Knowledge organiser		Advent Term 1														
Life to the full	Prayers and songs	Key Vocabulary And Knowledge	In the Wider World														
<p>M1 U1</p> <p>Get Up!</p> <p>The Sacraments</p> 	<p>♪♪ Thank you Lord ♪♪</p> <p>The Daily Examen.</p>	<table border="1"> <tr> <td><i>Baptism</i></td> <td><i>Becoming part of God's family.</i></td> </tr> <tr> <td><i>Reconciliation</i></td> <td><i>Rebuilding relationships.</i></td> </tr> <tr> <td><i>Vocation</i></td> <td><i>A special job we feel called to do.</i></td> </tr> <tr> <td><i>Conscience</i></td> <td><i>Our inner sense of knowing what is right or wrong.</i></td> </tr> </table> <ul style="list-style-type: none"> • God made us in His image! • We each have a purpose. • Every life is precious • We should examine our conscience. 	<i>Baptism</i>	<i>Becoming part of God's family.</i>	<i>Reconciliation</i>	<i>Rebuilding relationships.</i>	<i>Vocation</i>	<i>A special job we feel called to do.</i>	<i>Conscience</i>	<i>Our inner sense of knowing what is right or wrong.</i>	<p>World Mental Health Day</p> <p><i>Do one thing for better mental health.</i></p> 						
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<p>M1 U3</p> <p>What am I feeling?</p> <p>What am I looking at?</p> <p>I am thankful!</p>	<p>♪♪ I am special ♪♪</p> <p>Dear God, Thank you that I am special because you love me.</p> <p>Help me be confident that you made me just as I am, Sorry for when I do things that are unacceptable. Help me follow Jesus' example of how to live.</p> <p>Amen</p>	<table border="1"> <tr> <td><i>Emotions</i></td> <td><i>Feelings; like joy, sadness, anger, love.</i></td> </tr> <tr> <td><i>Risks</i></td> <td><i>Actions that can in some way harm us.</i></td> </tr> <tr> <td><i>Thankfulness</i></td> <td><i>Feeling grateful for something you have</i></td> </tr> <tr> <td><i>Resilience</i></td> <td><i>Our ability to adjust and bounce back when things are hard!</i></td> </tr> <tr> <td><i>Media</i></td> <td><i>TV, the internet, newspapers, magazines.</i></td> </tr> <tr> <td><i>Well-being</i></td> <td><i>Feeling good, healthy, happy and happy</i></td> </tr> <tr> <td><i>Peer-Pressure</i></td> <td><i>Classmates pressure you to do things that you wouldn't usually do.</i></td> </tr> </table> <ul style="list-style-type: none"> • Emotions change more as we grow • Feelings have a range of intensities. • Positive behaviours help our wellbeing. • The media is not real life. • Being thankful helps us to be resilient. • Some behaviours are unacceptable, risky and unhealthy. 	<i>Emotions</i>	<i>Feelings; like joy, sadness, anger, love.</i>	<i>Risks</i>	<i>Actions that can in some way harm us.</i>	<i>Thankfulness</i>	<i>Feeling grateful for something you have</i>	<i>Resilience</i>	<i>Our ability to adjust and bounce back when things are hard!</i>	<i>Media</i>	<i>TV, the internet, newspapers, magazines.</i>	<i>Well-being</i>	<i>Feeling good, healthy, happy and happy</i>	<i>Peer-Pressure</i>	<i>Classmates pressure you to do things that you wouldn't usually do.</i>	<p>Coming back to school</p> <p><i>Joining a new year. Returning to school. My lockdown story. My back to school story.</i></p> 
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