




Year 5/6	PSHE Knowledge organiser	 <p style="text-align: center;">S P I R I T</p>	Advent Term 2								
Life to the full	Prayers and songs	Key Vocabulary And Knowledge	In the Wider World								
<p>M2 U1</p> <p><b>Is God Calling you?</b></p> 	<p>♪♪ Created to you ♪♪</p> <p><i>Learning how to talk to God</i></p>	<table border="1"> <tr> <td><i>Prayers</i></td> <td><i>The Rosary, Our Father, Morning Offering</i></td> </tr> <tr> <td><i>Ways of praying</i></td> <td><i>meditation, asking for help from God, looking over your day, thanksgiving etc.</i></td> </tr> <tr> <td><i>Satisfaction</i></td> <td><i>Fulfilment of needs and expectations</i></td> </tr> <tr> <td><i>Experiences</i></td> <td><i>Doing, feeling or seeing things</i></td> </tr> </table> <ul style="list-style-type: none"> <li><i>God calls us to love others.</i></li> <li><i>We are created to love others</i></li> <li><i>Daily prayer helps us listen for God's call</i></li> <li><i>We often want "things" but our best memories come from experiences</i></li> </ul>	<i>Prayers</i>	<i>The Rosary, Our Father, Morning Offering</i>	<i>Ways of praying</i>	<i>meditation, asking for help from God, looking over your day, thanksgiving etc.</i>	<i>Satisfaction</i>	<i>Fulfilment of needs and expectations</i>	<i>Experiences</i>	<i>Doing, feeling or seeing things</i>	<p><b>Remembrance Day</b></p> <p><i>Remembrance Day is every year on the 11th of November. This is because during WWI, the conflict ended "at the eleventh hour of the eleventh day of the eleventh month".</i></p> 
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<p>M2 U1</p> <p><b>Under pressure</b></p>	<p>♪♪ Be my Stronghold ♪♪</p> <p><i>Dear God, Thank you for loving us and showing us how to love each other.</i></p>	<table border="1"> <tr> <td><i>Spoken pressure (direct pressure)</i></td> <td><i>when a person asks you directly to do something, or says things to you that push you toward a certain choice</i></td> </tr> <tr> <td><i>Unspoken Pressure (direct pressure)</i></td> <td><i>when nothing is actually said to you, but because you see others doing something, you feel pressure to make a certain choice</i></td> </tr> <tr> <td><i>Attentive</i></td> <td><i>Paying attention to someone or something</i></td> </tr> <tr> <td><i>Courteous</i></td> <td><i>polite, respectful, or considerate in manner.</i></td> </tr> </table>	<i>Spoken pressure (direct pressure)</i>	<i>when a person asks you directly to do something, or says things to you that push you toward a certain choice</i>	<i>Unspoken Pressure (direct pressure)</i>	<i>when nothing is actually said to you, but because you see others doing something, you feel pressure to make a certain choice</i>	<i>Attentive</i>	<i>Paying attention to someone or something</i>	<i>Courteous</i>	<i>polite, respectful, or considerate in manner.</i>	<p><b>Anti-Bullying week</b></p> <p><i>We're all a piece in the puzzle! Together we are united against bullying. We all need to play our part. We are all unique.</i></p>
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Help us to resist  
unhelpful pressure  
and to avoid putting  
pressure on others.  
Send your Holy Spirit  
to help us.  
Amen

- Pressure is the feeling that someone is pushing you toward a certain choice, good or bad.
- Pressure can be good when the person has our best interests at heart and doesn't harm our emotional well-being when applying it.
- There are many ways you can resist and cope with pressure such as: taking time out, don't be critical of yourself, ask for help.