

St Mary's PE Overview

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
FS1	Moving in a variety of ways	Negotiating Space & Dance	Negotiating Space & Team Games	Moving in a variety of ways & Dance	Moving in a variety of ways & Team Games	Dance Ball skills
FS2	Moving in a variety of ways	Dance	Gymnastics	Intro to bean bags & balls - shows increasing control when push, patting, throwing, catching or kicking.	Travels with confidence and skill, under, over and through balancing and climbing equipment.	Throwing and catching. Using a bat and ball (sports day practice)
Y1	Throwing & catching	Dance (Great Fire of London)	Gymnastics	Dodgeball	Apply throwing & catching skills (Athletics)	Rounders
Y2	Throwing & catching	Underwater themed Dance	Gymnastics	Dodgeball	Apply throwing & catching skills (Athletics)	Rounders
Y3	Hockey	Dance (Romans)	Gymnastics	Swimming & OAA	Athletics	Rounders
Y4	Hockey	Dance (Romans)	Gymnastics	Athletics	Swimming	Swimming
Y5	Hockey & Swimming	Dance (LineDancing, Lindy Hop & Street Dance)	Gymnastics	Netball	Swimming, OAA & Athletics	Rounders
Y6	Hockey	Dance (Bollywood, Jive & Hakka)	Gymnastics	Netball	Swimming, OAA & Athletics	Swimming & Rounders

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