



12th June 2024

Dear Parent/Carer

This half term, staff will be delivering the RSE programme of study in a series of sessions across the whole school. The programme that we use is called 'A Journey in Love' which has been recommended by the diocese of Nottingham for Catholic Primary schools for Relationship and Sex Education. It has been written as a progressive scheme of work for all individual year groups that supports Religious Education, PSHE and the Science curriculums within our school. Each stage of growth is delivered through a series of suggested, progressive and developmental tasks and activities. Reflections will focus on physical, social, emotional, intellectual and spiritual development.

The topics for each stage are:

- Nursery - Wonder at God's love
- Foundation Stage 2 - God loves each of us in our uniqueness
- Year 1 – We meet God's love in our family
- Year 2 - We meet God's love in the community
- Year 3 – How we live in love
- Year 4 – God loves us in our differences

Upper Key stage 2 (Years 5 & 6) will be using materials developed by Sister Dorothy, a school chaplain in Catholic Education. We have used this programme for the last five years and we have received positive feedback from teachers, pupils and parents. Year 5 will be covering lessons on puberty and hygiene. Year 6 will have lessons on puberty, personal hygiene, conception and the growth of an unborn baby. All lessons are centred on the commitment and responsibility of family life.

You can view the materials on our website. Please go to the Parental Information tab – Curriculum – RSE.

Please do not hesitate to contact me or your child's class teacher if you have any questions. Should you wish to withdraw your child from these lessons, once you have viewed the materials, please give reasons in writing to Mrs Novak-Lemmings.

Yours sincerely

Mrs E Naylor

Mrs E Naylor
(RE & RSE Lead)



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