Year 3&4	PSHE Knowledge organiser	S P I R I T	Advent Term 1
Life to the full	Prayers and songs	Key Vocabulary And Knowledge	In the Wider World
Get Up! The Sacraments	JJJ Thank you Lord JJJ	Baptism Becoming part of God's family.  Reconciliation Rebuilding relationships.  Vocation A special job we feel called to do.  Conscience Our inner sense of knowing what is right or wrong.	World Mental Health Day  Hello Yellow
Life to the Full	The Daily Examen.	<ul> <li>God made us in His image!</li> <li>We each have a purpose.</li> <li>Every life is precious</li> <li>We should examine our conscience.</li> </ul>	The state of the s
What am I feeling?	JJJ I am special JJJ	Emotions Feelings; like joy, sadness, anger, love. Risks Actions that can in some way harm us. Thankfulness Feeling grateful for something you have	Coming back to school  Jaining a new year
What am I looking at?	Dear God, Thank you that I am special because you love me. Help me be confident	Resilience Our ability to adjust and bounce back when things are hard!  Media TV, the internet, newspapers, magazines.  Well-being Feeling good, healthy and happy	My back to school story.
I am thankful!	that you made me just as I am, Sorry for when I do things that are unacceptable. Help me	Peer-Pressure Classmates pressure you to do things that you wouldn't usually do.  • Emotions change more as we grow • Feelings have a range of intensities.	
	follow Jesus' example of how to live. Amen	<ul> <li>Positive behaviours help our wellbeing.</li> <li>The media is not real life.</li> <li>Being thankful helps us to be resilient.</li> <li>Same behaviours are unacceptable, risky and unhealthy.</li> </ul>	