

Year 3&4	PSHE Knowledge organiser			Pentecost Term 1							
Life to the full	Prayers and songs	Key Vocabulary And Knowledge		In the Wider World							
 We don't have to be the same Respecting our bodies	♪♪ Thankyou Lord ♪♪ Dear God, Thank you for making us all different and special. It's exciting to know that there's not another me anywhere in the world. Help me get my self-confidence from you, because you love me and call me your child. And that will never change, Amen.	<table><tr><td>Abuse</td><td>Any action or failure to act by another person - adult or child - that causes significant harm to a child.</td></tr><tr><td>Puberty</td><td>A time when changes happen to us as we grow up</td></tr><tr><td>Appreciate</td><td>Recognise the full value of. Be thankful for.</td></tr><tr><td>Reverence</td><td>Deep respect and high regard for something.</td></tr></table> - By living and working together we create communities. - We respect and look after our bodies with what we wear, eat and physically do. - Our bodies are a Gift from God.	Abuse	Any action or failure to act by another person - adult or child - that causes significant harm to a child.	Puberty	A time when changes happen to us as we grow up	Appreciate	Recognise the full value of. Be thankful for.	Reverence	Deep respect and high regard for something.	The NSPCC Say: Speak Out, Stay Safe.' If we are worried we can always phone Childline for a chat 0800 1111 or contact Childline online
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What is puberty? Changing Bodies Lifecycles.		<table><tr><td>Adulthood</td><td>Being fully grown and mature, no longer a child.</td></tr><tr><td>Hormones</td><td>Special chemicals in your body that help it to do certain things, like to change and to grow.</td></tr><tr><td>Emotions</td><td>How we are feeling. Sad, happy, scared, mad, for example.</td></tr></table> - Puberty is a time of physical growth and development in our bodies - Puberty also brings changes to our emotions. - It will begin at some point over the next few year of our lives. - Puberty is part of God's plan for our bodies. - As human beings we are physical, psychological and spiritual.	Adulthood	Being fully grown and mature, no longer a child.	Hormones	Special chemicals in your body that help it to do certain things, like to change and to grow.	Emotions	How we are feeling. Sad, happy, scared, mad, for example.	World Day for cultural diversity An opportunity to deepen our understanding of the values of cultural diversity. 		
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