Year 5&6	PSHE Knowledge organiser	S P I R I T	Lent Term 2
Life to the full	Prayers and songs	Key Vocabulary and Knowledge	In the Wider World
Types of Abuse Impacted lifestyles	Dear God, Thank you for the gift of our bodies, created in your image. Guide us in making good choices that will protect our bodies. Give us the strength and desire to respect the special gift you have given us.	Abuse Any action or failure to act by another person - adult or child - that causes significant harm to a child. Neglect Failure to care for someone properly. Body-Autonomy The right to control what happens to your own body. Drugs, alcohol Substances that can harm us. or The effect that substances including drugs, tobacco and alcohol have on the body. They may be pressured when it comes to drugs, alcohol and tobacco, and are entitled to say "no" Know different people we can trust for help, especially those closest	International Women's Day Inspirational women are stepping forward and speaking out on a united front. To abolish stigmas, gender pay gaps and recognise how strong, smart, and savvy women are. In honour and recognition of International Women's Day, we will be looking at some powerful and inspirational women
	Amen	to us who care for us. Recognise what kind of physical contact is acceptable or unacceptable.	
Making good choices Giving assistance	'Like the Good Samaritan, may we not be ashamed of touching the wounds of those who suffer, but try to heal them with concrete acts of love.' Pope Francis.	pressure feeling like you have to do something because people around you want you to ar expect you to First aid Helping a sick or injured person until medical help arrives. DR ABC A way to remember how to safely give first aid: Danger, Response, Airways, Breathing, Circulation. Recovery A position a first aider will lie a person in to help them until medical help arrives. The recovery position can be used when a person is unconscious but breathing. DR ABC is used to find out how to treat life-threatening conditions in order of importance. We are entitled to say "no" for all sorts of reasons, but not least in order to protect our bodies.	WOMEN'S DAY